

FAQs for BASES Certified Exercise Practitioner

Why should I apply for BASES Certified Exercise Practitioner?

This qualification will help clients and employers recognise your skills and expertise and show that you meet the standards required by THE professional body for sport and exercise sciences in the UK.

Is this the same as BASES Accreditation?

No. BASES Accreditation information can be found on www.bases.org.uk/Individual-Accreditations.

When can I apply to be a BASES Certified Exercise Practitioner?

The application process and forms are available on the website. The scheme was launched in September 2009.

How much does BASES CEP cost?

BASES are initially offering this qualification free of charge with no extra cost on top of the membership fee. This will be subject to change in the future.

I have a question regarding BASES CEP – who can I contact?

The new email address is cep@bases.org.uk and is to be used for applications and queries. Initially this email will be read weekly so thank you for your patience. Due to limited staffing levels enquiries are not possible by telephone. If your query is not regarding BASES CEP then contact the BASES Head Office by email on enquiries@bases.org.uk.

I am not a BASES member, can I apply for the BASES Certified Exercise Practitioner qualification?

Yes, but you must join as a new professional, graduate or student member first in order to meet Criterion 1. You can join online www.bases.org.uk/How-to-Join

What is a BUES course?

BUES is a BASES Undergraduate Endorsed Scheme which shows that the content of the course already meets the requirements for Criterion 2.

How do I know if my course was endorsed?

Check the BASES website <http://www.bases.org.uk/Courses> which can be found under the Directories tab. Do an advanced search and select TYPE – BASES Endorsed. If your course does not state that the TYPE is BASES Endorsed then it is not endorsed and you must complete Appendix 1.

What if I haven't done a BUES course?

You will need to submit the transcript of your course to show that you have covered a suite of studies in physiology, psychology and movement analysis that meet BUES criteria. You will also need to complete Appendix 1 and have this signed by your course leader.

What is BUES criteria?

More information on BUES can be found on www.bases.org.uk/Undergraduate-Endorsement-Scheme-BUES

My course wasn't pure Sport and Exercise Science – am I eligible?

That depends if the transcript shows that you met the knowledge required and you can successfully complete Appendix 1.

I studied overseas – can I apply?

If you can prove that you meet all the criteria and include a transcript from your course.

My degree certificate has not yet arrived – what do I do?

BASES need to see proof of study from the institution.

I am missing one area of study – can BASES advise me where to go to complete the gaps?

BASES refrains from recommending specific courses so the onus is on the individual. There are BUES and non-BUES courses listed on the BASES website www.bases.org.uk/Courses

I have REPs Level 3 – can I apply?

Only if you can show that you meet criterion 3 by holding one of the other qualifications at REPs Level 4 or above.

What is REPs Level 4?

Level 4 - Specialist Exercise Instructor is awarded to individuals who can demonstrate that they have met the Level 4 National Occupational Standards in one or more medical areas, completing and passing one of the following approved Level 4 qualifications:

<http://www.exerciseregister.org/REPsQualsFramework.html>

Do I need to send my certificates to you, and will they be returned?

The application process will detail what is required and will be on the web in October 2009 but the process will be electronic.

Where can I attend a certified “Working with children and vulnerable people” workshop?

Local authorities, sports clubs, Sports Coach UK, FA, NHS etc all run courses so the choice is up to the individual. Members are advised to attend an appropriate safeguarding children and vulnerable adults workshop if required by the nature of their work.

How often do I need to attend a certified “Working with children and vulnerable people” workshop?

That depends on the guidelines and recommendations laid out by the deliverer.

What happens if I do not renew my membership next year?

BASES C.E.P. requires that membership is renewed within one month of expiry otherwise the qualification will be withdrawn.

Is BASES C.E.P. valid for life?

No, members must log at least 36 hours of continued professional development and renew every 3 years. Hours may be achieved by attending BASES workshops, BASES conferences or non-BASES CPD.

Is there a renewal fee?

The renewal process has yet to be finalised but there may be an administration fee in the future. BASES is a non-profit organisation so will keep any fees as low as possible.

Where can I find the BASES Code of Conduct?

The Code of Conduct is located under About BASES – Publications, Documents and Policies and can be found under Documents

<http://www.bases.org.uk/Publications-Documents-and-Policies>