



Name:

Katie Richards

Job Role:

Coach Education Development Manager, British Gymnastics

Performance & Coaching Scientist

BASES Accredited Sport & Exercise Scientist (Sport Psychology Support)

What led you to apply for BASES Accreditation?

BASES Accreditation was always my main goal once on the BASES Supervised Experience route. I wanted to focus as well as further develop my passion, experience and knowledge towards something (BASES Accreditation) that would allow me to practice utilising all my skills to assist athletes, coaches and other stakeholders in an effective, safe and ethical way. The processes in place on the journey through Supervised Experience, and in both the Accreditation and Re-accreditation processes appealed to me, as they stood out as being robust, fair and supportive. I am proud to be part of a profession and body that takes the development and continued quality of its members so seriously, and the self-regulatory peer-to-peer assessment and collaboration ensures we are committed delivering quality sport & exercise science to our end-users.

How has having BASES Accreditation helped you?

BASES Accreditation has given me the competence and confidence to practice knowing I have been through and will continue to go through robust processes to ensure my quality. It has helped me promote my value, ethos and philosophy, as well as provide stakeholders with the assurance that I am competent to support them.

Being Accredited has also given me the opportunity to continue to invest in my professional development by having access to a variety of webinars, conferences, resources and biggest of all a network of like-minded professions all with the same vision of providing quality sport & exercise science support.

Additionally, BASES Accreditation has allowed me the opportunity to be part of the self-regulatory aspect by being involved in Supervision and Reviewing where I can continue to help ensure quality of our Supervisees and soon to be fully Accredited members.

Why would you recommend BASES Accreditation to other Sport and Exercise Scientists? If you are passionate about sport science, and want to provide quality, effective support to athletes & coaches as part of a regulatory body that supports its members to thrive BASES Accreditation is for you.