The British Association of Sport and Exercise Sciences
ANNUAL REPORT 2007–2008

www.bases.org.uk
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The Board has pleasure in presenting its report and the financial statements of the British Association of Sport and Exercise Sciences (BASES) for the year ended 31 March 2008. The Board is pleased to report a surplus for the financial year after taxation of £43,187. A long-term objective has been to improve the financial stability of the Association and increase the reserve funds. This has included seeking a commercial partner for BASES. An agreement with Gatorade Sports Science Institute has been agreed in principle and it is hoped to have this signed shortly. It is now considered that reserves are sufficient to allow re-investment into the Association and its members.

A BASES Strategic Plan has been developed for 2008-2010. This has involved consultation with the out-going Strategic Management Team, members and key external stakeholders. It is appropriate to highlight some of this year's significant achievements under each of the five Association's objectives contained within the Strategic Plan. Because of the overlap across the first three objectives, they are grouped together.

1. The promotion of research in sport and exercise sciences
2. The encouragement of evidence-based practice in sport and exercise sciences
3. The distribution of knowledge in sport and exercise sciences

The Association has used its expertise to deliver high-quality continuing professional development events through its conferences, workshops and forums. The 2007 BASES Annual Conference was hosted by the University of Bath. It attracted 600 delegates from 20 countries. Lord Sebastian Coe and Sir Clive Woodward opened the Conference. In order to ensure some consistency across Annual Conferences, all the positive changes that were made to recent Conferences were maintained – namely more types of presentation (scientific communications, applied practice, symposium, debates and workshops), a streamlined abstract review process, and allowing BASES student members to submit the same material to both the Student and Annual Conferences in the same year.
The University of Bedfordshire hosted the 2008 BASES Annual Student Conference, welcoming a record 251 delegates. The Conference was themed, “Beyond the lecture: Putting theory into practice.” Amongst the highlights were the two keynote speeches: Prof Greg Whyte opened the Conference talking about applying sport and exercise science in the “real world” and Prof Edward Winter ended the Conference with a lecture entitled “From theory to practice: do you take your science with you?” The Conference was sponsored by Gatorade Sports Science Institute.

The workshop committee organised 25 workshops, of which eight were new. The number of delegates attending these workshops was 463 compared to 400 last year. Formal evaluations of the workshops were very positive.

One new initiative was the launch of on-line Q&A sessions as an additional service for members. These events provided a unique opportunity for members to join sport and exercise science experts and benefit from their experiences and opinions by asking questions and debating topical issues - all from the comfort of members’ armchairs.

Seven sessions were run across a variety of topics, including: Applying counselling skills in sport psychology consulting; fat and fit versus thin and lazy; Identifying the truth about “apparently healthy” individuals; the role of exercise in the regulation of appetite and thus potentially obesity; and nutritional supplements as ergogenic aids. Feedback from the sessions was extremely positive. This initiative is part of the member networking on-line project. Significant investment has been made into www.bases.org.uk to enhance user experiences with the launch of blogs, podcasts and a redesign of the BASES website.

BASES continues to promote research and evidence-based practice through its publication portfolio - the Journal of Sports Sciences and The Sport and Exercise Scientist – the official publication of BASES. The Journal of Sports Sciences has just received the latest impact factor as 1.44 and is ranked 24th out of over 72 sports-related journals. It continues to grow in popularity and reputation, with the number of articles submitted increasing by more than 25% over the past year. The Sport and Exercise Scientist continues to be a valued membership benefit. The student-specific section Strictly for Students has developed in the past year with a 10-page special in the most recent issue. The publication showcased the work of recipients of BASES international travel grants, resulting in some high-quality articles. This publication is archived in the Member Area of the BASES website.

BASES has also updated its Sport and Exercise Physiology Testing Guidelines into two volumes with specific guidelines for physiological testing in over 30 sports disciplines and guidelines for exercise testing in key clinical populations. These volumes contain contributions from many leading specialist physiologists, covering a wide range of mainstream sports, special populations, and ethical, practical and methodological issues. The book, Biomechanical Evaluation of Movement in Sport and Exercise has also been updated.

“Investment has been made into www.bases.org.uk to enhance user experiences with the launch of blogs, podcasts and a redesign of the BASES website.”
Progress is continuing on the BASES Position Statement on Physical Activity in the Prevention of Chronic Disease. By the time this report appears in print, all the chapters of the accompanying Human Kinetics book entitled BASES Guidelines on Physical Activity in the Prevention of Chronic Disease will have been completed.

The Association continues to recognise excellence in research through its awards and grants, including annual and Conference awards.

The launch in June 2007 of an international travel grant scheme, using surplus income generated from the BASES Annual Conferences, has proved very popular and successful. The grants provide excellent opportunities for BASES to support its members in the communication of high-quality research to an international audience, as well as helping to promote BASES.

More recently BASES has launched Career Development Scholarships for Applied Work in Sport and Exercise Science. Applicants must identify how the funding will be used to enable them to progress in their chosen career. This must involve applied work in sport or exercise science with a specific client group(s). The work might involve direct scientific support services to a client, work supporting a coach or a governing body’s sports science provision, including the production of educational resources. This must be support/consultancy work and not primarily research. Applicants must be a student or graduate member of BASES or on BASES Supervised Experience.

4. The development and maintenance of high professional standards for those involved in sport and exercise sciences

The key aim for the forthcoming period is to enhance the BASES professional accreditation scheme for UK sport and exercise scientists. This development and associated continuing professional development programmes, undertaking quality assurance reviews, market research, and administering and facilitating the process of training and assessment of accreditation supervisors.

One objective in this area is to become a regulated profession under the Health Professions Council. If accepted, this would lead to a formal recognition and regulation of the profession of Sport and Exercise Scientist and would lead to a protected title. As such, BASES would no longer seek Science Council membership and Chartered Scientist Licensed Body status.

Progress continues in the development of a BASES Register of Exercise for Health Practitioners and a specialist accreditation route for “Exercise Science Practitioners.” This development will help to provide a clearer career path for Exercise Science Practitioners.

BASES has also played a major role in representing its members in the Health Professions Council’s consultation regarding the threshold level of qualification for entry to the register of applied psychologists. The Association has argued strongly that both British Psychological Society Chartered status and BASES Accredited status would be suitable threshold entry standards to the register.

In addition, BASES continues to play a key role in assuring the appropriateness of the curriculum, resources and opportunities that undergraduate courses offer for training sport and exercise scientists through the BASES Undergraduate Endorsement Scheme (BUES). Seventeen institutions now have endorsed courses.

5. The representation of the interests of sport and exercise sciences nationally and internationally
In the past year BASES has developed and implemented a strategy for increased membership recruitment and retention through enhanced services and marketing. The strategy aimed to improve the membership package, increase membership by targeting academic staff members and students, reduce membership attrition and increase recommendations to join BASES from existing members.

This strategy has proved successful with an increase in membership across the year of 700 with a membership of 2,596 at 31 March 2008 compared to 1,896 at 31 March 2007.

There are many examples of the way in which the Association has continued to build relationships with key stakeholders. A Memorandum of Agreement to foster cooperation in an international context has been signed by BASES, the Australian Association of Exercise and Sports Science and Sport and Exercise Science New Zealand.

A Memorandum of Collaboration has been drafted with the lead organisations providing scientific, applied clinical and exercise practice, and public health support for patients and populations with cardiovascular disease, namely the Association of Chartered Physiotherapists in Cardiac Rehabilitation and the British Association for Cardiac Rehabilitation. It is hoped to sign this by the 2008 BASES Annual Conference.

Representatives from the Research Assessment Exercise Panel, UK Sport and the American College of Sports Medicine were invited as VIPs to the 2007 BASES Annual Conference. Work with the Nutrition Society and the British Dietetic Association continues with the Sport and Exercise Nutrition Register. BASES also has a joint committee with the British Psychological Society Division of Sport and Exercise Psychology.

UK Sport is using the expertise within BASES to contribute to its “think tank” initiative. The Home Country Sport Institutes and the British Paralympic Association have contributed to the BASES High Performance Sport Accreditation Scheme.

BASES is in discussion with the Higher Education Academy’s Hospitality, Leisure, Sport and Tourism Network, to cooperate more closely in developing a workshop programme, and are considering the possibility of a sport and exercise science-specific teaching and learning conference.

The Association also held its fifth successful Heads of Department Forum at Leeds Metropolitan University with an emphasis on networking, providing unique opportunities to meet colleagues, exchange views and perspectives and address key issues in Higher Education in sport and exercise sciences.

In order to provide expert advice particularly to the media, BASES has developed a media list. All BASES accredited sport and exercise scientists are invited to join this list. This development means that BASES can service enquiries from the media concerning sport and exercise science and ensure that output and quality control mechanisms are in place for any output from BASES to the media.

Prof Richard Davison, Chair
Prof Jo Doust, Chair Elect
Dr Claire Hitchings, Executive Officer
Dr Michael Graham, Chair of the Division of Sport and Performance
Dr Jason Gill, Chair of the Division of Physical Activity for Health
Dr Martin Sellens, Chair of the Division of Education and Professional Development
Dr Will Calvert, Non-Executive Director
Gaynor Heys, Non-Executive Director

“There are many examples of the way in which the Association has continued to build relationships with key stakeholders.”
Statement of the Directors and Unaudited Financial Statement for the
year ended 31 March 2008 for BASES

Company Information for the year ended 31 March 2008

DIRECTORS:  Prof R Davison - Chair
Dr C L Hitchings, D L Pearce, G E Heys,
Dr W Calvert, Dr M Sellens, Prof J Doust,
Dr Michael Graham, Dr Jason Gill

SECRETARY:  J Bairstow

REGISTERED OFFICE:
Leeds Metropolitan University
Carnegie Faculty of Sports and Education
Headingley Campus, Beckett Park
Leeds, LS6 3QS

REGISTERED NUMBER:  5385834

ACCOUNTANTS:
Kirk Newsholme
Chartered Accountants
Richmond House, 16 Blenheim Terrace
Leeds, West Yorkshire, LS2 9HN

Report of the Directors for the year ended 31 March 2008

The directors present their report with the financial statements of the
company for the year ended 31 March 2008.

PRINCIPAL ACTIVITY
The principal activity of the company in the year under review was that
of promoting evidence-based practice and research in sport and
exercise sciences through conferences, workshops and publications.

DIRECTORS
The directors shown below have held office during the whole of the
period from 1 April 2007 to the date of this report.
Prof R Davison - Chair
Dr C L Hitchings - Executive Officer
Other changes in directors holding office are as follows:
Prof E M Winter - resigned 14 September 2007
Dr R White - resigned 14 September 2007
Prof J Doust – appointed 19 September 2007
Dr M Graham – appointed 19 September 2007
Dr J Gill – appointed 19 September 2007
D L Pearce, G E Heys and Dr W Calvert were appointed as directors
after 31 March 2008 but prior to the date of this report.

COMPANY OBJECTIVES
The objects of the Company are the promotion of research in sport and
exercise sciences, the encouragement of evidence-based practice in sport
and exercise sciences, the distribution of knowledge in sport and
exercise sciences, the development and maintenance of high professional
standards for those involved in sport and exercise sciences and the
representation of the interests of sport and exercise sciences both
nationally and internationally and as such is a "not for profit"
organisation.
This report has been prepared in accordance with the special provisions
of Part VII of the Companies Act 1985 relating to small companies.

On behalf of the Board:
Prof R Davison - Chair - Director
4 September 2008
# Income and Expenditure Account

for the year ended 31 March 2008

<table>
<thead>
<tr>
<th>Notes</th>
<th>Year Ended 31.3.08</th>
<th>Year Ended 31.3.07</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td><strong>TURNOVER</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>274,392</td>
<td>301,051</td>
</tr>
<tr>
<td>Cost of sales</td>
<td>98,666</td>
<td>135,870</td>
</tr>
<tr>
<td><strong>GROSS SURPLUS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>175,726</td>
<td>165,181</td>
</tr>
<tr>
<td>Administrative expenses</td>
<td>134,382</td>
<td>127,987</td>
</tr>
<tr>
<td></td>
<td>41,344</td>
<td>37,194</td>
</tr>
<tr>
<td>Other operating income</td>
<td>-</td>
<td>500</td>
</tr>
<tr>
<td><strong>OPERATING SURPLUS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>41,344</td>
<td>37,694</td>
</tr>
<tr>
<td>Interest receivable and similar income</td>
<td>2,195</td>
<td>428</td>
</tr>
<tr>
<td><strong>SURPLUS ON ORDINARY ACTIVITIES BEFORE TAXATION</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>43,539</td>
<td>38,122</td>
</tr>
<tr>
<td>Tax on surplus on ordinary activities</td>
<td>352</td>
<td>81</td>
</tr>
<tr>
<td><strong>SURPLUS FOR THE FINANCIAL YEAR AFTER TAXATION</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>43,187</td>
<td>38,041</td>
</tr>
</tbody>
</table>
The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31 March 2008.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2008 in accordance with Section 249B(2) of the Companies Act 1985.

The directors acknowledge their responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007).

The financial statements were approved by the Board of Directors on 4 September 2008 and were signed on its behalf by:

Prof R Davison - Chair - Director
Notes to the Financial Statements
for the year ended 31 March 2008

1. Accounting Policies

Accounting convention
The financial statements have been prepared under the historical cost
convention and in accordance with the Financial Reporting Standard
for Smaller Entities (effective January 2007).

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write
off each asset over its estimated useful life.
Fixtures and fittings - 10% on cost
Computer equipment - 25% on cost

Stocks
Stocks are valued at the lower of cost and net realisable value, after
making due allowance for obsolete and slow moving items.

Pension costs and other post-retirement benefits
The company operates a defined contribution pension scheme.
Contributions payable to the company’s pension scheme are charged to
the income and expenditure account in the period to which they relate.

2. Turnover
The company’s income is mainly derived from membership fees. The
company also receives grant funding from UK Sport. This income is
recognised in the income and expenditure account so as to match the
costs and when they are incurred. The balance of the grant income
not spent has been included in accruals and deferred income. During
the year membership income appears to have reduced from 31 March
2007 to 31 March 2008. However, the membership fees income table
details how membership fees received in the year ended 31 March
2008 have increased on the previous year.

Membership fees income

<table>
<thead>
<tr>
<th></th>
<th>31.03.08</th>
<th>31.03.07</th>
<th>31.03.06</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deferred income b/fwd</td>
<td>35,204</td>
<td>49,296</td>
<td>7,067</td>
</tr>
<tr>
<td>Receipts in the year</td>
<td>112,613</td>
<td>102,528</td>
<td>155,984</td>
</tr>
<tr>
<td>Deferred income c/fwd</td>
<td>(39,218)</td>
<td>(35,204)</td>
<td>(49,296)</td>
</tr>
<tr>
<td>Income per accounts</td>
<td>108,599</td>
<td>116,620</td>
<td>113,755</td>
</tr>
</tbody>
</table>

The income per accounts is affected by two factors. First, in October
2005 the method of charging membership fees was changed from falling
due on 1 April each year to being on an annual rolling basis from the
month payment is received. This resulted in membership income being
defered across the period of the membership year, which often includes
two financial years. Second, on 1 April 2007 membership fees were
reduced with members paying by direct debit receiving an additional
discount. This resulted in a like-for-like reduction in membership fees
received during the year.

3. Operating Surplus

The operating surplus is stated after charging:

<table>
<thead>
<tr>
<th></th>
<th>31.08</th>
<th>31.07</th>
</tr>
</thead>
<tbody>
<tr>
<td>Depreciation - owned assets</td>
<td>2,215</td>
<td>2,192</td>
</tr>
<tr>
<td>Loss on disposal of fixed assets</td>
<td>1,690</td>
<td>-</td>
</tr>
<tr>
<td>Pension costs</td>
<td>1,327</td>
<td>1,269</td>
</tr>
<tr>
<td>Directors’ emoluments and other benefits etc.</td>
<td>39,359</td>
<td>37,114</td>
</tr>
</tbody>
</table>

31.3.08  31.3.07
4. Taxation

As the company’s activities are undertaken not with a view to realising a profit but to advance the promotion of research into sports sciences and the other objectives set out in the Directors’ Report, HMRC have agreed that only the company’s other income is subject to corporation tax.

5. Tangible Fixed Assets

<table>
<thead>
<tr>
<th></th>
<th>Fixture and fittings</th>
<th>Computer equipment</th>
<th>Totals</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td>At 1 April 2007</td>
<td>2,965</td>
<td>7,666</td>
<td>10,631</td>
</tr>
<tr>
<td>Additions</td>
<td>-</td>
<td>43</td>
<td>43</td>
</tr>
<tr>
<td>Disposals</td>
<td>(326)</td>
<td>(3,448)</td>
<td>(3,774)</td>
</tr>
<tr>
<td>At 31 March 2008</td>
<td>2,639</td>
<td>4,261</td>
<td>6,900</td>
</tr>
</tbody>
</table>

Depreciation

<table>
<thead>
<tr>
<th></th>
<th>£</th>
<th>£</th>
<th>£</th>
</tr>
</thead>
<tbody>
<tr>
<td>At 1 April 2007</td>
<td>545</td>
<td>2,923</td>
<td>3,468</td>
</tr>
<tr>
<td>Charge for year</td>
<td>297</td>
<td>1,918</td>
<td>2,215</td>
</tr>
<tr>
<td>Eliminated on disposal</td>
<td>(98)</td>
<td>(1,986)</td>
<td>(2,084)</td>
</tr>
<tr>
<td>At 31 March 2008</td>
<td>744</td>
<td>2,855</td>
<td>3,599</td>
</tr>
</tbody>
</table>

6. Debtors: Amounts falling due within one year

<table>
<thead>
<tr>
<th></th>
<th>31.3.08</th>
<th>31.3.07</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trade debtors</td>
<td>17,231</td>
<td>29,275</td>
</tr>
<tr>
<td>Prepayments and accrued income</td>
<td>21,563</td>
<td>19,456</td>
</tr>
<tr>
<td></td>
<td>38,794</td>
<td>48,731</td>
</tr>
</tbody>
</table>

7. Creditors: Amounts falling due within one year

<table>
<thead>
<tr>
<th></th>
<th>31.3.08</th>
<th>31.3.07</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trade creditors</td>
<td>32</td>
<td>6,463</td>
</tr>
<tr>
<td>Tax</td>
<td>439</td>
<td>81</td>
</tr>
<tr>
<td>Social security and other taxes</td>
<td>3,428</td>
<td>3,802</td>
</tr>
<tr>
<td>Other creditors</td>
<td>315</td>
<td>1,057</td>
</tr>
<tr>
<td>Accruals and deferred income</td>
<td>104,292</td>
<td>113,593</td>
</tr>
<tr>
<td></td>
<td>108,506</td>
<td>124,996</td>
</tr>
</tbody>
</table>

Included within accruals and deferred income is £98,028 of deferred income, of which £39,218 relates to deferred membership fees and £29,552 relates to UK Sport grant income received that has not yet been spent.

The balance is made up of BASES Undergraduate Endorsement Scheme income of £12,467, Course Finder income of £7,000, Workshop income of £8,795 and £996 of other income all of which have been received in advance.
8. Reserves

Retained reserves
At 1 April 2007 119,360
Surplus for the year 43,187
At 31 March 2008 162,547

9. Ultimate Controlling Party

The directors control the broad operating and financial strategy of the company.

10. Capital

The Company is limited by guarantee and has no share capital. The liability of the members in the event of a winding up is limited to £1 per member.
In accordance with our terms of engagement and in order to assist you to fulfil your duties under the Companies Act 1985, we have compiled the financial statements of the company for the year ended 31 March 2008 which comprise the Income and Expenditure Account, the Balance Sheet and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the company’s Board of Directors, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the company’s Board of Directors that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company’s Board of Directors, as a body, for our work or for this report.

We have carried out this engagement in accordance with technical guidance issued by the Institute of Chartered Accountants in England & Wales and have complied with the ethical guidance laid down by the Institute relating to members undertaking the compilation of financial statements.

You have acknowledged on the Balance Sheet as at 31 March 2008 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 1985. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Kirk Newsholme
Richmond House
16 Blenheim Terrace
Leeds
West Yorkshire
LS2 9HN

Date: 4 September 2008
## Detailed Income and Expenditure Account

for the year ended 31 March 2008

<table>
<thead>
<tr>
<th></th>
<th>31.3.08</th>
<th>31.3.07</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>TURNOVER</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Membership income</td>
<td>108,599</td>
<td>116,620</td>
</tr>
<tr>
<td>Advertising income</td>
<td>39,553</td>
<td>36,560</td>
</tr>
<tr>
<td>Workshop income</td>
<td>39,424</td>
<td>34,615</td>
</tr>
<tr>
<td>The Sport &amp; Exercise Scientist income</td>
<td>20,659</td>
<td>20,280</td>
</tr>
<tr>
<td>Conference income</td>
<td>13,644</td>
<td>15,435</td>
</tr>
<tr>
<td>Accreditation income</td>
<td>10,700</td>
<td>7,275</td>
</tr>
<tr>
<td>Supervised Experience income</td>
<td>4,240</td>
<td>4,086</td>
</tr>
<tr>
<td>BASES Undergraduate Endorsement Scheme income</td>
<td>3,550</td>
<td>2,483</td>
</tr>
<tr>
<td>Conference expenses</td>
<td>6,860</td>
<td>3,770</td>
</tr>
<tr>
<td>Accreditation expenses</td>
<td>9,116</td>
<td>5,475</td>
</tr>
<tr>
<td>Supervised Experience expenses</td>
<td>1,939</td>
<td>2,151</td>
</tr>
<tr>
<td>BASES Undergraduate Endorsement Scheme expenses</td>
<td>928</td>
<td>1,079</td>
</tr>
<tr>
<td>UK Sport Accreditation grant costs</td>
<td>2,400</td>
<td>2,064</td>
</tr>
<tr>
<td>HPSA expenses</td>
<td>732</td>
<td>80</td>
</tr>
<tr>
<td>Merchandise expenses</td>
<td>315</td>
<td>235</td>
</tr>
<tr>
<td>UK Sport HPSA grant expenses</td>
<td>148</td>
<td>13,185</td>
</tr>
<tr>
<td>International travel grant expenses</td>
<td>4,500</td>
<td>-</td>
</tr>
<tr>
<td>Heads of Department Forum expenses</td>
<td>847</td>
<td>989</td>
</tr>
<tr>
<td>Annual Report expenses</td>
<td>2,261</td>
<td>1,175</td>
</tr>
<tr>
<td>Meeting expenses and travel expenses</td>
<td>13,753</td>
<td>19,117</td>
</tr>
<tr>
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<td>Conference expenses</td>
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</tr>
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**Total**

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<td>274,392</td>
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### Detailed Income and Expenditure Account Continued

for the year ended 31 March 2008

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<tr>
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<td><strong>Total Loss on disposal of fixed assets</strong></td>
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<td>-</td>
</tr>
<tr>
<td><strong>NET SURPLUS</strong></td>
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Division of Education and Professional Development

I have spent the first few months of my tenure getting to grips with what that role is, and trying to develop a strategy for fulfilling it. Of course, you could say that, like wood treatment, the Division should do what it says on the tin; provide opportunities for the membership to enhance their own education and professional development, and to contribute to that of others. Certainly the Division, encompassing as it does the committees for Workshops, Accreditation and Conferences, beavers away to provide members with opportunities to continue their professional development. The BASES Undergraduate Endorsement Scheme, which assures the appropriateness of the curriculum, resources and opportunities that undergraduate courses offer for training sport and exercise scientists, is also within the Division. These committees run semi-autonomously, and their reports can be found elsewhere. I have been working with the Board and other committee members to see how BASES can improve services to the membership in all these areas. The annual BASES Heads of Department Forum has taken place and provided a golden opportunity for dialogue about the direction of the Division and of the Association as a whole.

The continuing professional development needs of practitioners are addressed by the accreditation system supported by the workshop programme. The accreditation system has been under review for some time and the Board has now allocated resources to appoint an Education Officer and are aiming to appoint a consultant to drive the process forward. At the same time, the workshop programme is being developed to align more closely with the professional competencies required for the existing accreditation pathways in biomechanics, interdisciplinary, physiology, psychology and high performance sport.

Although the accreditation system currently focuses on the needs of sport and exercise science support, the new Divisional system recognises the importance of the interaction between exercise and health. The Association is moving to support practitioners in this burgeoning area of professional activity. Dr John Buckley has initiated a move to develop a BASES Register of Exercise for Health Practitioners and the accreditation and continuing professional development needs of this emerging profession will be explored over the next year. The Division is acutely aware that a large proportion of the Association’s membership comprises academics and students. Many of these members are also either practitioners or working to become practitioners and in this role their continuing professional development needs are addressed by accreditation and workshops. However, we recognise that the Association also needs to support their continuing professional development needs in teaching and learning. Consequently, we are in discussion with the Higher Education Academy’s Hospitality, Leisure, Sport and Tourism Network to cooperate more closely in developing a workshop programme, and are considering the possibility of a sport and exercise science-specific teaching and learning conference, perhaps to be run in parallel with the BASES Annual Student Conference.

This report is less a record of achievements over the past few months and more a statement of intent. Next year I hope to be able to report that we have made real progress towards the aim to better meet the continuing professional development needs of members.

Dr Martin Sellens
Chair of the Division of Education and Professional Development
This has been my first year as Chair of this Division and over this time we have sought to consolidate the excellent work achieved by the previous Chair, Dr John Buckley. Over the past year John has continued to lead the development of a BASES Register of Exercise for Health Practitioners and a specialist accreditation route for “Exercise Science Practitioners.” He has also introduced a BASES Exercise for Health Practitioners Interest Group with the mission, “to advance the support and recognition of sport and exercise scientists working in the health care and health and leisure setting.” These are exciting developments, which, together with the progression towards regulation of the “Exercise Science” profession by the Health Professions Council, will help to provide a clearer career path for Exercise Science Practitioners.

Progress is continuing on the BASES Position Statement on Physical Activity in the Prevention of Chronic Disease, led by Dr Gary O’Donovan, and by the time this report appears in print, all the chapters of the accompanying Human Kinetics book entitled BASES Guidelines on Physical Activity in the Prevention of Chronic Disease will have been completed.

The Physical Activity for Health components of the 2007 BASES Annual Conference in Bath were a tremendous success with Profs Frank Booth, Scott Powers and Edward McAuley providing keynote lectures, as well as a number of symposia on physiological and psychological aspects of physical activity for health, including a joint symposium with the Association of the Study of Obesity on “Obesity, Physical Activity and Health.” Such joint initiatives provide an excellent opportunity for members to broaden their horizons as well as enhancing the profile of BASES. The Division committee is currently working to develop synergies with other cognate organisations, which will be of benefit to BASES and its members.

Members of the Division have made valuable contributions to the new on-line Q&A sessions piloted in the summer, as well as a special careers supplement with The Independent, which focused on Physical Activity for Health.

Key challenges still remain for the Division. The most notable of these is how to increase the value of BASES membership amongst the key constituency of academics working in the field of Physical Activity for Health, whose focus is research (and the sharing of research via teaching), rather than practice. The promotion of research in the sport and exercise sciences is a strategic objective of the Association, and one of the aims of the Division over the coming year must be to work towards facilitating this in the context of Physical Activity for Health.

Dr Jason Gill
Chair of the Division of Physical Activity for Health

“The Division committee is currently working to develop synergies with other cognate organisations, which will be of benefit to BASES and its members.”
There are many challenges ahead for the Division, but I am pleased that there has been a continued increase in profile and that the Division forms a considerable part of the BASES infrastructure. The Division has entered into discussions with other organisations, as well as supporting the professional development activities of its members. Specifically, it has delivered high-quality events through the workshop programme. In the past year The Sport and Exercise Scientist has covered performance science and innovation in Olympic and Paralympic sport, America’s Cup yacht racing, as well as a review of the BASES High Performance Sport Accreditation: One Year On. Sport and Performance was well represented in the recent on-line Q&A sessions with sessions on applying sport psychology in the golfing arena, impacting on sports performance through physiological support and nutritional supplements as ergogenic aids: ‘Where is the evidence?’

The Division also contributed to both the BASES Annual Conference and the BASES Annual Student Conference. Emma Ross, the Division’s workshop representative is also running a blog on the BASES website.

Over the last year BASES has been trying to develop stronger links with UK Sport in particular with its Research and Innovation team. As a result of meetings with UK Sport, BASES has advised on a couple of the initiatives to link sport science and the Research and Innovation team. These include the current “Garage Innovators” and “New Researchers” schemes.

More recently, BASES has been invited to help form “think tanks,” a group of experienced sport scientists to brainstorm and assist individual sports with a specific issue relating to their performance. The first of these think tanks has been set up to look at the Skeleton. If this proves effective, then we would expect to set up further think tanks to assist in other sports. Scott Drawer, Head of Research and Innovation at UK Sport, also attended the recent BASES Heads of Department Forum.

Dr Michael Graham
Chair of the Division of Sport and Performance
The 2007 BASES Annual Conference was held at the University of Bath and attracted 600 delegates from 20 countries. The atmosphere for the Conference was set by an inspirational opening speech by Lord Coe, Chair of the London Organising Committee of the Olympic and Paralympic Games. The keynote presentations were truly international in flavour and reflected the broad nature of sport and exercise science. Sir Clive Woodward presented his vision for managing and supporting elite performers; Prof Julie Steele discussed the biomechanics of injury; Prof Jose Gonzalez-Alonso described the physiological limits to human performance; Prof Frank Booth posed questions about how physical inactivity causes disease; Prof Scott Powers provided evidence of one way in which exercise might protect the cardiac muscle; and Prof Edward McAuley examined the interactions between physical activity, ageing and quality of life.

The rest of the programme comprised a range of symposia, over 200 oral and poster communications and a workshop. There were many highlights and contributors to the programme had clearly invested a great deal of effort in preparing their presentations. The poster sessions were particularly successful, with a greater level of interaction and discussion than many within the organising committee had experienced at any other conferences. Overall, the delegates should be congratulated for their enthusiasm and commitment to engaging in scientific discussion – this is the one ingredient that any organising committee cannot ensure.

Despite such a full programme, many delegates managed to take advantage of the sports facilities that the University has to offer, while others chose to sample the wide range of local bars and pubs. Some competed in the annual golf challenge, some lazed around in Bath’s infamous spa and many enjoyed a BBQ to the strains of the BASES band. However, the centre-piece of the social programme was the drinks reception in the spectacular Roman Baths followed by the Conference dinner in the historic Pump Room. The faces on many delegates as they arrived indicated that they approved of the setting, whilst the faces as they left suggested that they had enjoyed themselves perhaps a little too much.

In reviewing the Conference, the organising committee were heartened to see so many positive comments – the long months of planning were definitely worth it. There was also some very constructive criticism that should be useful to future organising teams. We hope that we played a part in driving BASES forward as an Association and look forward to sitting back and enjoying the hospitality at Brunel University.

Dr Keith Stokes
Chair of the Conference Organising Committee
The 2008 BASES Annual Student Conference

The Conference took a lead title of “Beyond the lecture: Putting theory into practice” and welcomed two keynote speeches. Prof Greg Whyte opened the Conference talking around applying sport and exercise science in the “real world.” Prof Edward Winter ended the Conference with a lecture entitled “From theory to practice: do you take your science with you?” The Conference was sponsored by Gatorade Sports Science Institute.

The Conference was extremely successful in providing a forum for students to present their own research in a supportive environment as well as opportunities to discover other areas of research and current issues in sport and exercise sciences. The event welcomed a record 251 delegates with 196 present on both days of the event. Of those, 51 presented their work orally, while 70 presented posters. The standard of presentations was extremely high. In addition, there were symposia on sport and performance, nutrition/exercise physiology, psychology/perfectionism, sports therapy and coaching. The programme also comprised workshops, including ones on biomechanics and reliability of measurements of body fat.

There was a major focus on careers with sessions on CV and letter writing, teaching and lecturing in sport and exercise sciences and physiology. Delegates could also attend a BASES Accreditation Q&A session. There was the usual social aspect of the Conference with a wine and nibbles session and an opportunity to meet the speakers and the BASES Board.

Another feature of the Conference was its trade fair. A record total of 26 exhibitors were present, of which 19 were educational institutions displaying postgraduate material and the remainder were trade exhibitors.

Overall, the Conference continued the tradition of being an enjoyable and informative event, and a full reflective critique will be handed to the University of Hull.

Mark Cousins
Chair of the Conference Organising Committee

Overall, the Conference continued the tradition of being an enjoyable and informative event."
Awards and International Travel Grants

The 2007 BASES Annual Conference Awards
University of Bath Poster Presentation Awards
Dr Doug Thake, Coventry University
Neutrophil oxidative activity and uphill walking in acute hypoxia equivalent to 3000m.
Dr Clare Elgin, University of Portsmouth
Physiological responses to playing different video games.
Sportesse Sport Science Award
Prof Andy Jones, University of Exeter
Validation of the 'critical power' concept for human exercise using 31P-magnetic resonance.
Routledge-Taylor & Francis Recently Qualified Researcher Award
Dr James Moreton, Liverpool John Moores University
Trained men display elevated resting levels of heat shock and antioxidant protein content of skeletal muscle and do not exhibit a stress response to customary running exercise.
Human Kinetics Student Poster Presentation Awards
Kate Gilbert, University of Bath
Effect of a growth hormone receptor antagonist (Pegvisomant) on the neutrophil response to 45 min of moderate intensity exercise in healthy young males.
Kate Janse Van Rensburg, University of Exeter
The effect of acute exercise on cognitive functioning and desire to smoke during temporary abstinence from smoking.
Elsevier Student Oral Presentation Awards
Alan Barker, University of Exeter
Quadiceps muscle energetics during an incremental test to exhaustion in children and adults.
Dominic Farris, University of Bath
Rehabilitation of Achilles tendon injuries: interventions to facilitate return to sport.
Gaiam-Pro (incorporating Bodycare) Sport and Performance Applied Practice Award
Dr Stephen Garland, English Institute of Sport
Analysis of speed, stroke rate and stroke distance for a world class breaststroke swimmer.
Routledge-Taylor & Francis Education and Professional Development Applied Practice Award
Dr Cassie Wilson, University of Wales Institute, Cardiff
Measuring the effectiveness of a personal tutor system.

The 2008 BASES Annual Student Conference Awards
Undergraduate Oral Award Winner (Sponsored by BASES)
Chloe Taylor, Liverpool John Moores University
Undergraduate Oral Award Runner-Up (Sponsored by Human Kinetics)
Thomas Ridgeway, University of Wales, Cardiff
Undergraduate Poster Award Winner (Sponsored by Hospitality, Leisure, Sport and Tourism Network)
Robert Fordham, University of Chichester
Undergraduate Poster Award Runner-Up (Sponsored by Human Kinetics)
Kenny Chu, Liverpool John Moores University
Postgraduate Oral Award Winner (Sponsored by Routledge)
Garry Tew, Sheffield Hallam University
Postgraduate Oral Award Runner-Up (Sponsored by Human Kinetics)
Alex Wood, University of Wales, Bangor
Postgraduate Poster Award Winner (Sponsored by Routledge)
Katie Dray, Canterbury Christ Church University
Postgraduate Poster Award Runner-Up (Sponsored by Human Kinetics)
Lindsey Smith, University of Bedfordshire
Mike Doherty Innovative Research Award Winner (Sponsored by University of Bedfordshire)
Philip Carvil, University of Chichester
Mike Doherty Innovative Research Award Runner-Up (Sponsored by Cranlea)
David Bartlett, Napier University
Coaching Research Postgraduate Award Winner (Sponsored by sports coach UK)
Charlotte Woodcock, University of Birmingham
Coaching Research Undergraduate Award Winner (Sponsored by sports coach UK)
Daniel Douglass, University of Teesside.

Annual Awards
Philip Read Memorial Award for Recently Qualified Researcher in Sport and Exercise Sciences
Dr James Moreton, Liverpool John Moores University
BASES Honorary Fellows Undergraduate Dissertation of the Year Award
Adrian Sarjeant, University of Bath
The effects of carbohydrate-protein ingestion on muscle damage, function and soreness following strenuous intermittent shuttle running.
BASES International Travel Grants
Dr Ailsa Niven, Heriot-Watt University
Dr Joanna Scurr, University of Portsmouth
Dr Alun Gwyn Williams, Manchester Metropolitan University
Dr Keith Tolfrey, Manchester Metropolitan University
Prof Greg Atkinson, Liverpool John Moores University
Dr Mark Hamer, University College London
Prof Julien Baker, University of Glamorgan
David Nunan, Buckinghamshire New University
Prof Craig A Williams, University of Exeter.

In 2007-2008 the workshop committee fulfilled their main role, which was “to promote and facilitate good practice in all aspects of education, training and professional development for those within sport and exercise science, and to organise a programme of high-quality education workshops.”

Twenty five workshops were presented at 20 different venues by 75 different presenters and eight of them were new workshops. Additionally, over half of the workshops were fully booked and therefore, one of the challenges for the Workshop Committee next year is to offer more workshops and to continue to offer more new workshops. The number of delegates attending these workshops was 463 compared to 400 last year. Formal evaluations of the workshops were extremely positive and reviews of each workshop were included in The Sport and Exercise Scientist.

The benefits of running a workshop are highlighted below and a high number of presenters who offer their workshops more than once (over 60%) reinforce that there are significant benefits to running a workshop. These include:

• Raising awareness of the topic presented
• Show-casing your institution/facilities
• Sharing your expertise with other interested individuals
• Contributing to the BASES mission “to deliver high-quality CPD events”
• Assisting individuals in the process of gaining BASES accreditation.

So what are the benefits for those members who attend the workshops?

These have been identified by delegates as:

• The opportunity to engage with like-minded individuals on an area of common interest
• To increase a practical and theoretical knowledge base
• To support my application for BASES Accreditation
• To visit other departments, see their facilities and meet their staff.

Dr Richard Tong
Chair of the Workshop Committee

“Twenty five workshops were presented at 20 different venues by 75 different presenters and eight of them were new workshops.”
Programme of BASES Workshops for 2008

**Counselling Approaches in Sport Psychology**  
(in association with the British Psychological Society)  
Amanda Owens, Dave Alcock and Phil Johnson

**Increasing Children's Physical Activity through School Sports Clubs: Take Home Messages for Practitioners**  
(in association with the North West Regional Department of Health)  
Prof Les Burwitz, Dr Gillian Burgess and Andrea Livesey

**Increasing Children's Physical Activity through School Sports Clubs: Take Home Messages for Practitioners**  
(in association with the North East Physical Activity Forum)  
Prof Les Burwitz, Dr Gillian Burgess and Andrea Livesey

**Oxygen Uptake Kinetics**  
Prof Andrew Jones, Prof David Poole, Dr Mark Burnley and Dr Daryl Wilkerson

**Approaches to Performer Assessment for Sport Psychologists**  
Dr Tim Holder, Dr Richard Thelwell and Neil Weston

**Advanced Measurement in Paediatric Exercise Science**  
Prof Craig Williams, Dr Tom Rowland, Dr Tim Cable, Dr Andrew Middlebrooke, Dr Paul Ford and Dr Neil Armstrong

**Surface Electromyography**  
Dr Adrian Burden

**1-Day Introduction to Counselling Skills**  
(in association with the Talented Athlete Scholarship Scheme)  
Dr Jonathan Katz and Dr Brian Hemmings

**How to Manage Change: The Theory and Practice of Applying Change Management Principles in Sport**  
Keith Power and Dr Richard Plenty

**Putting Theory into Applied Practice: Supporting Coaches and Athletes**  
Jonathan Robinson and Claire Lane

**The Self Aware Sport Psychologist**  
William Winstone and Jonathan Males

**Establishing and Running an Institutional Research Ethics Committee**  
Prof Edward Winter and Dr John Saxon

**The Process of Performance Analysis for Assessing Performance and Coaching Intervention**  
Ryan Coombs

**Motivational Interviewing and Brief Negotiation in Sport and Exercise Settings**  
Dr Jeff Breckon

**Developing Mental Toughness: Strategies/Interventions for Athletes and Collective Toughness for Teams**  
Dr Tom Fawcett

**The Application of Biomechanics and Performance Analysis in Strength and Conditioning**  
Dr Phil Graham-Smith, Paul Jones, Paul Comfort and Martyn Matthews

**Using E-Learning in Sport and Exercise Science**  
Jamie Barker, Geoff Walton and Sue Lee

**Safeguarding Young People and Vulnerable Adults in Sport and Exercise Sciences**  
Prof Richard Davison and Prof Celia Brackenridge, Liz Kinder, Dr Andy Miles, Geoffrey Platt and John Mills.
The Journal of Sports Sciences (JSS) has just received its latest impact factor for the calendar year 2007, now calculated as 1.44. On the surface, this appears to be a setback from last year’s all-time high of 1.79. However, on closer inspection, we find the number of citations of “recent articles” (n = 317) for 2007 (the census years of 2005 and 2006), being very similar to those cited in 2006 (n = 318). The only difference in the two impact factors is the increase in this year’s ratio denominator, with the number of articles published in the two-year census period increasing from 177 in 2006 to 220 in 2007.

This increase in published articles (with the JSS moving from 12 issues in 2005 to 14 issues per year in 2006) is almost inevitable and reflects one of the serious dilemmas of a successful journal, that being the pressure to increase the number of articles it publishes, due to the pressure of an increase in the number of articles being submitted. Hence, the impact factor (ratio of cites/published articles) has declined, with this year’s impact factor (2007) = 317/220 = 1.44, compared with last year’s impact factor (2006) = 308/177 = 1.79. The relative standing of the JSS still remains impressive, now ranked 24th out of over 72 sports-related journals.

Last year, due to the pressure of numerous international commitments, Prof Ron Maughan decided to stand down as the founding editor of the Nutrition and Biochemistry Section. Prof Maughan has been one of the pioneers of this important and still emerging area of sports science, and his contribution to the JSS has been greatly appreciated over the past years. Fortunately, he has agreed to remain on the JSS Editorial Board as the Book Review Editor. Dr Stuart Galloway has been appointed as Prof Maughan’s replacement.

The JSS continues to grow in popularity and reputation, with the number of articles submitted to the JSS from 1 January to 30 June 2008 increasing to 332. On an annual basis this represents an increase of over 25% on the 530 submitted in 2007. Of course, this has been greatly assisted by the on-line system, developed and supported by Manuscript Central. As with all such on-line systems there are a number of teething problems. However, I think most would agree, since its launch in November 2005, Manuscript Central has been a great success for authors, section editors, reviewers, administrators and, in particular, the Editor in Chief.

The JSS continues to grow in popularity at an impressive rate, maintaining a stable reputation as one of the leading academic journals of sport science in the world. I should like to thank all those responsible for keeping the JSS in such a healthy state, including authors, section editors, reviewers, members of the editorial and advisory boards and all the support team and administrators at Taylor & Francis.

Prof Alan Nevill
Editor in Chief
Members reported in a member feedback survey that The Sport and Exercise Scientist was one of the key member benefits. With a view to maintain this, we have sought to improve the quality of the publication. A key aim of The Sport and Exercise Scientist is to provide up-to-date information to those with an interest in sport and exercise sciences and to support excellence in the delivery of sport and exercise science practice, teaching and learning, and research. We draw on the experience of the BASES community to share knowledge and articles are sourced via several different routes. The launch of the BASES International Travel Grants requires winners to submit an article to The Sport and Exercise Scientist. In addition, applied papers, debates and symposia from the BASES Annual Conference are all considered for publication. We encourage articles from Interest Groups, Divisions, members and the sport and exercise science community in general.

The Editorial Advisory Board of The Sport and Exercise Scientist discussed what articles have been the highlights. The International Travel Grant winners’ articles have been excellent. For example, Dr Joanna Scurr’s eye-catching and innovative research on bra support featured in the September 2007 issue. Dr Scurr’s work has received considerable media exposure. It is pleasing to showcase work that has both scientific merit and public appeal.

Such exposure can only be good for BASES. There are many examples of excellent articles that provide real value. Other notable content includes Prof Edward Winter’s article in the June 2008 issue on using the term “participants” versus “subjects,” Prof Greg Atkinson and colleagues’ Consolidated Standards of Reporting Trials (CONSORT) statement, Dr Lee Ingle’s article on chronic heart failure and Prof Tim Noakes’ article on cold water swimming.

In terms of the process of working on The Sport and Exercise Scientist, it is a challenging and enjoyable role. The past year has benefited from a stable Editorial Advisory Board, comprising Dr Claire Hitchings, Prof Greg Atkinson, Dr Dan Bishop, Dr Dominic Micklewright, Dr Sarah Rowell, Dr John Saxton and Christopher Wagg.

In June, Dr Sarah Rowell and Prof Greg Atkinson stood down and we took this opportunity to expand the Editorial Advisory Board, recognising the need to cover the wide range of interests and experiences of members with Dr Richard Thelwell, Dr Lee Ingle, Dr Melissa Day and Claire-Marie Roberts joining the team.

“Members reported in a member feedback survey that The Sport and Exercise Scientist was one of the key member benefits.”

Prof Andy Lane
Editor of The Sport and Exercise Scientist
The Student Advisory Group (SAG) has four focus areas that we have been working on for the past year: Increasing the number of BASES student members; encouraging greater participation in student activities; developing the member benefits for student members; and contributing to the BASES Annual Student Conference.

Student members now make up more than half of BASES members with current student numbers topping 1,300. The Strictly for Students section of The Sport and Exercise Scientist is a new development. It is written predominantly by students for students, offering useful insight and advice in many areas of academia, careers and applied work. In the past year it has covered areas such as effective ways of learning, the benefits of being involved in research, ways of gaining work experience, interview technique and the June 2008 issue had a 10-page Strictly for Students special.

Developing member benefits is an area the SAG has been especially active in. This year has seen an update to A Guide To Careers In Sport and Exercise Sciences, developed in association with Human Kinetics. BASES has also been a leader in its website social networking, with the introduction of blogs, one of which will be run by the SAG. More recently Dr Claire Hitchings has introduced the on-line Q&A sessions, which give members the chance to ask questions and chat live on-line with experts in their field of interest. BASES piloted these sessions in June with seven experts devoting over an hour to answering members’ questions. Feedback has been extremely positive.

Much like last year’s Student Conference in Chichester, this year’s event in Bedford was a great success. I attended as Chair of the SAG to integrate with fellow student members, ask their opinions and thoughts on member benefits and ways in which the SAG could improve BASES for its student members. The Student Conference was very well attended by student members and exceptionally well organised by the University of Bedford. Many delegates reported what a good networking opportunity this was with lectures and workshops catering for all interests.

The SAG will continue to further develop member benefits over the coming year, all in the interest of BASES student members.

Len Parker Simpson
Chair of the Student Advisory Group
Supervised Experience and Accreditation

Supervised Experience

The Pathway Supervised Experience Review Committees reviewed a total of 126 supervised experience applications (April 2007 and October 2007). Pathway-specific figures are reported in Table 1 below. There are now 285 BASES individuals registered on supervised experience.

Table 1: Supervised Experience Figures for 2007-2008

<table>
<thead>
<tr>
<th>Pathway</th>
<th>New Supervised Experience Applicants</th>
<th>Total No. of Individuals Registered on Supervised Experience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biomechanics</td>
<td>0</td>
<td>9</td>
</tr>
<tr>
<td>Interdisciplinary</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>Physiology</td>
<td>27</td>
<td>141</td>
</tr>
<tr>
<td>Psychology</td>
<td>25</td>
<td>132</td>
</tr>
<tr>
<td>Total</td>
<td>53</td>
<td>285</td>
</tr>
</tbody>
</table>


Individual Accreditation

The Accreditation Committee met twice in the year and reviewed a total of 80 applications for scientific support and research re-/accreditation (July 2007 and January 2008). Pathway-specific figures are reported in Table 2. There are now 381 BASES Accredited Sport and Exercise Scientists and 20 High Performance Sport Accredited practitioners.

Table 2: Accreditation and Re-accreditation Figures for 2007-08

<table>
<thead>
<tr>
<th>Pathway</th>
<th>Scientific Support Re-/Accreditation</th>
<th>Research Re-/Accreditation</th>
<th>Scientific Support &amp; Research Re-/Accreditation</th>
<th>Total Number of BASES Accredited Sport and Exercise Scientists</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biomechanics</td>
<td>-</td>
<td>1</td>
<td>1</td>
<td>15</td>
</tr>
<tr>
<td>Interdisciplinary</td>
<td>1</td>
<td>3</td>
<td>2</td>
<td>30</td>
</tr>
<tr>
<td>Physiology</td>
<td>16</td>
<td>10</td>
<td>3</td>
<td>153</td>
</tr>
<tr>
<td>Psychology</td>
<td>21</td>
<td>2</td>
<td>3</td>
<td>183</td>
</tr>
<tr>
<td>Total</td>
<td>38</td>
<td>16</td>
<td>9</td>
<td>381</td>
</tr>
</tbody>
</table>


Laboratory Accreditation

Three new laboratories were accredited:

- University of Dundee
- University of Birmingham
- Roehampton University.

The total number of accredited laboratories is 31.

Dr Claire Hitchings
Executive Officer of BASES
### BASES Undergraduate Endorsed Courses

<table>
<thead>
<tr>
<th>Institution</th>
<th>Course Title</th>
<th>Qualification</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coventry University</td>
<td>Sport &amp; Exercise Science</td>
<td>3FT/4SW Hon BSc</td>
</tr>
<tr>
<td>Edge Hill University</td>
<td>Sport &amp; Exercise Science</td>
<td>3FT Hon BSc</td>
</tr>
<tr>
<td>Manchester Metropolitan University, Cheshire</td>
<td>Sport, Exercise &amp; Coaching Sciences</td>
<td>3FT/4-6PT Hon BSc</td>
</tr>
<tr>
<td>Northumbria University</td>
<td>Applied Sport &amp; Exercise Science</td>
<td>3FT Hon BSc</td>
</tr>
<tr>
<td>Roehampton University</td>
<td>Science of Sport &amp; Exercise</td>
<td>3FT/4-7PT Hon BSc</td>
</tr>
<tr>
<td>Sheffield Hallam University</td>
<td>Sport &amp; Exercise Science</td>
<td>3FT/6PT Hon BSc</td>
</tr>
<tr>
<td>St Mary's University College</td>
<td>Sport Science (Joint Honours)</td>
<td>3FT/4-6PT Hon BSc</td>
</tr>
<tr>
<td>St Mary's University College</td>
<td>Sport Science (Single Honours)</td>
<td>3FT/4-6PT Hon BSc</td>
</tr>
<tr>
<td>University of Central Lancashire</td>
<td>Sport Science</td>
<td>3FT Hon BSc</td>
</tr>
<tr>
<td>University of Chichester</td>
<td>Sport &amp; Exercise Science</td>
<td>3FT/4-6PT Hon BSc</td>
</tr>
<tr>
<td>University of Chichester</td>
<td>Sport Coaching Science</td>
<td>3FT/4-6PT Hon BSc</td>
</tr>
<tr>
<td>University of Edinburgh</td>
<td>Applied Sports Science</td>
<td>4FT Hon BSc</td>
</tr>
<tr>
<td>University of Glamorgan</td>
<td>Sport &amp; Exercise Science</td>
<td>3FT Hon BSc</td>
</tr>
<tr>
<td>University of Gloucestershire</td>
<td>Exercise &amp; Health Sciences</td>
<td>3FT/4-6PT Hon BSc</td>
</tr>
<tr>
<td>University of Gloucestershire</td>
<td>Sport &amp; Exercise Sciences</td>
<td>3FT/4-6PT Hon BSc</td>
</tr>
<tr>
<td>University of Gloucestershire</td>
<td>Sport Science</td>
<td>3FT/4-6PT Hon BSc</td>
</tr>
<tr>
<td>University of Hull</td>
<td>Sport &amp; Exercise Sciences</td>
<td>3FT Hon BSc</td>
</tr>
<tr>
<td>University of Portsmouth</td>
<td>Sports Science</td>
<td>3FT Hon BSc</td>
</tr>
<tr>
<td>University of Salford</td>
<td>Applied Sports Science</td>
<td>3FT Hon BSc</td>
</tr>
<tr>
<td>University of Wales Institute, Cardiff</td>
<td>Sport &amp; Exercise Science</td>
<td>3FT Hon BSc</td>
</tr>
<tr>
<td>York St John University</td>
<td>Sport &amp; Exercise Science</td>
<td>3FT/4-6PT Hon BSc</td>
</tr>
</tbody>
</table>
The Board would like to pay special tribute to those members who have contributed their time and energy to the Association. The results achieved would not have been possible without their unpaid commitment and efforts. We thank each person for their support and contribution.

Division of Education and Professional Development
Dr Martin Sellens (Chair), Dr Caroline Angus, Amy Dyer, Jocelyn Tantawy and Dr Richard Tong.

Division of Physical Activity for Health
Dr Jason Gill (Chair), Prof Julien Baker, Lisa Board, Dr Gary O’Donovan and Len Parker-Simpson.

Division of Sport and Performance
Dr Michael Graham (Chair), Paul Dent, Dr Mandy Plumb, Emma Ross and Christopher Wagg.

Biomechanics Accreditation and Supervised Experience Review Committee
Dr Neil Fowler, Dr Mike Lauder, Dr Carl Payton and Dr Ray White.

Interdisciplinary Accreditation and Supervised Experience Review Committee
Dr Steve Atkins, Dr Diane Crone and Fiona Lothian.

Physiology Accreditation and Supervised Experience Review Committee
Lisa Board, Dr Paul Bromley, Dr John Buckley, Matt Cosgrove, Dr Audrey Duncan, Prof Andy Jones, Prof Alison McConnell and Prof Edward Winter.

Psychology Accreditation and Supervised Experience Review Committee
Dr Joy Bringer, Ross Hall, Dr Costas Karageorghis, Zoe Knowles, Paul Russell, Cath Shearer, David Shearer, Dr Tony Westbury, Neil Weston and Amanda Wilding.

Accreditation Committee
Dr Martin Sellens (Chair), Prof Stephen Olivier, Dr John Saxton, Dr Joanna Scurr and Dr Richard Thelwell.

High Performance Sport Accreditation Committee
Dr Chris Harwood (Chair), Dr Malcolm Fairweather, Glenn Hunter, Dr Claire Hitchings, Dr Carl Payton and Dr Ken van Someren.

Workshop Committee
Dr Richard Tong (Chair), James Bell, Lisa Board, Dr Stewart Bruce-Low, Dr Phil Graham-Smith, Emma Ross and Karen Williams.

The Student Advisory Group
Len Parker-Simpson (Chair), Amy Dyer and Christopher Wagg.

BASES Undergraduate Endorsement Scheme Committee
Dr Neil Fowler (Chair), Lisa Board, Dr Adrian Burden, Dr Christopher Bussell, Dr Mark Goss-Sampson, Dr Tim Holder, Dr Ray Lloyd, Helen Matthews, Dr Andrew Miles, Dr Steve Olivier, Dr Alun Rees, Dr Chris Sellars, Dr Martin Sellens, Dr Nick Smith, Dr Paul Smith, Jocelyn Tantawy and Dr Richard Tong.

The Sport and Exercise Scientist Editorial Board
Prof Andy Lane (Editor), Dr Claire Hitchings, Prof Greg Atkinson, Dr Dan Bishop, Melissa Day, Dr Lee Ingle, Dr Dominic Micklewright, Dr Sarah Rowell, Dr John Saxton, Dr Richard Thelwell, Christopher Wagg and Claire-Marie Roberts.
BASES would also like to extend its thanks to:

- Jane Bairstow, Marsha Stankler and Jane Gillott
- Dr Val Cox, the Awards Coordinator
- The 2007 BASES Annual Conference Organising Committee: Dr Keith Stokes (Chair), Dr James Betts, Cathy French, Simone Lewis, Dr Polly McGuigan, Emily Richards, Prof Chris Riddoch, Dr Dylan Thompson and Dr Grant Trewartha
- The 2008 BASES Annual Student Conference Organising Committee: Mark Cousins (Chair), David Pears and Carly Thomas
- Interest Group Convenors: Dr James Bilzon, Dr John Buckley, Alastair Evans-Gordon, Dr Neil Fowler, Dr Shaun Galloway, Dr Paul Gamble, Dr Michael G Hughes, Dr Liam Kilduff, Andy Kirkland, Dr Louis Passfield, Dr Marcus Smith, Dr Henning Wackerhage, Dr Andy Williamson and Dr Craig Williams.
- Prof Clyde Williams and Dr Stuart Galloway for their work on the Sport and Exercise Nutrition Register
- Contributors to The Sport and Exercise Scientist
- Dave Capewell, Anthony Hitchings and Andy O’Neill for their work on the BASES website
- Pete Grogan for his work on the BASES membership database
- Darren Brown and the team from Mercer Print
- Helen Spencer and Claire Steele-Childe from Kirk Newsholme
- Cranlea, Elsevier, Gaiam-Pro (incorporating Bodycare), Human Kinetics, Hospitality, Leisure, Sport and Tourism Network, Routledge-Taylor & Francis, Sports science, sports coach UK, University of Bath, University of Bedfordshire and the BASES Honorary Fellows for their financial support with sponsoring awards
- Workshop organisers and presenters
- All those BASES members who acted as judges for awards throughout the year
- Individuals who have contributed to the Association this year by responding to various requests for input and assistance.
The British Association of Sport and Exercise Sciences

Promoting excellence in sport and exercise sciences
The British Association of Sport and Exercise Sciences is the UK professional body for all those with an interest in the science of sport and exercise.

Mission | Promoting excellence in sport and exercise sciences.

Vision | The professional body leading excellence in sport and exercise sciences through evidence based practice.

Objectives of BASES
The Association’s objectives are:

• the promotion of research in sport and exercise sciences
• the encouragement of evidence-based practice in sport and exercise sciences
• the distribution of knowledge in sport and exercise sciences
• the development and maintenance of high professional standards for those involved in sport and exercise sciences
• the representation of the interests of sport and exercise sciences nationally and internationally.

Committees 2007-2008
Bases Board
Chair | Prof Richard Davison
Chair Elect | Prof Jo Doust
Executive Officer | Dr Claire Hitchings
Chair of the Division of Sport and Performance | Dr Michael Graham
Chair of the Division of Physical Activity for Health | Dr Jason Gill
Chair of the Division of Education and Professional Development | Dr Martin Sellens
Non-Executive Director | Dr Will Calvert
Non-Executive Director | Gaynor Heys

Bases Operational Group
Executive Officer | Dr Claire Hitchings (until 31 July 2008) and Debbie Pearce (from 1 July 2008 to 31 July 2009)
Office Manager | Jane Bairstow
Administrative Assistants | Marsha Stankler and Jane Gillott

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The British Association of Sport and Exercise Sciences

Mission
Promoting excellence in sport and exercise sciences

Vision
The professional body leading excellence in sport and exercise sciences through evidence-based practice

Strategy 2008-2010

2008 Priorities
Health Professions Council application, accreditation, membership recruitment and retention, public relations and marketing

Research, evidence-based practice and distribution of knowledge
- Deliver high-quality CPD events – conferences, workshops and forums
- Maintain our publication portfolio
- Launch position statements to provide authoritative views on contemporary issues
- Recognise excellence in research through awards and grants
- Invest in www.bases.org.uk to enhance user experiences
- Launch member networking online
- Secure a major sponsor for the Annual Conference

High professional standards
- Become a regulated profession under the Health Professions Council
- Provide the professional accreditation scheme for UK sport and exercise scientists
- Enhance the consultant funder to promote accredited individuals
- Increase the number of BASES undergraduate endorsed courses
- Review the Code of Conduct and develop ethical guidelines

Represent sport and exercise sciences
- Increase membership recruitment and retention through enhanced services and marketing
- Develop a public relations and marketing strategy to increase our profile
- Build relationships with key stakeholders
- Provide expert advice particularly to Government agencies, the media and practitioners
- Reduce our impact on the environment
- Engage and respond to the student voice
- Develop a London 2012 Strategy

The promotion of research in sport and exercise sciences
The encouragement of evidence-based practice in sport and exercise sciences
The distribution of knowledge in sport and exercise sciences
The development and maintenance of high professional standards for those involved in sport and exercise sciences
The representation of the interests of sport and exercise sciences nationally and internationally

BASES is a non-profit making organisation