**Name of Candidate: Supervisor: Submission Stage: Domain of Expertise:** Sport / Exercise / Sport & Exercise

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| **Date(s)**(Please ensure these are in chronological order) | **Client(s)\*** | **No. Of Hours\***A = planningB = deliveryC = reflection | **Support delivered to client\*\*** | **Reflection/Learning Points and Key Competencies Expressed\*\*\*** | **Supervised practice supervisor comment\*\*\*\*** |
|  |  | **A =**  |  |  |  |
| **B =**  |
| **C =** |
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**Total Planning (A):**

**Total Delivery / Direct Contact (B):**

**Total Reflection (C):**

\* It is suggested that one entry into the practice log is made per client (rather than having several entries for the same client). In this way you should be able to detail the total number of hours spent working directly with the client, planning for the support, and reflecting on the support (1:1:1).

\*\*In this column you are expected to detail an overview of the activities you have conducted with the client over the period of time spent working with them. Make sure that this is comprehensive enough to represent the work that you have completed.

\*\*\*This column allows you to present some of the key learning outcomes from the support you provided to this client. These can be taken from your formal reflections but should be summarised here to ensure that you are able to represent the learning you have taken from these experiences. This column also allows you to link the experiences you’ve had with a particular client to the specific competencies detailed in the SEPAR standards of proficiency. You can simply refer to the competency number in this column.

\*\*\*\*If your supervisor has observed any of your practice with a particular client, this column allows them to make comment based on those observations. Alternatively, you can make reference to a formal observation report that is included in your portfolio of evidence here (please ensure that it directs the Reviewer to the specific location of the document).