



# Summer 2011 Workshop Programme

## Single Case Research Methods in Sport and Exercise Psychology

Tuesday 7 June 2011, 9.30am – 4.00pm

Ashley Conference Centre  
Sport & Exercise, Staffordshire University  
Leek Road, Stoke-on-Trent  
ST4 2DF

### Programme Outline

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9.30-10.00	Arrival (Reception) and refreshments (Ashley Conference Centre)
10.00-10.20	Welcome, introduction and scene-setting
<b>10.20-11.10</b>	<b>An introduction to single-case research: An overview</b>
<b>11.10-11.20</b>	<b>Task – How could single-case methods be used in my practice?</b>
11.20-11.40	Break
<b>11.40-12.15</b>	<b>General Procedures and Behavioral Assessment</b>
<b>12.15-12.30</b>	<b>Task – How can I assess my client?</b>
12.30-1.15	Lunch (Ashley Conference Centre)
<b>1.15-1.50</b>	<b>Single-case designs: An overview</b>
<b>1.50-2.00</b>	<b>Task – Which design for me?</b>
<b>2.00-2.45</b>	<b>Data analysis in single-case research</b>
<b>2.45-3.00</b>	<b>Task-How do I determine change?</b>
3.00-3.15	Break
<b>3.15-3.40</b>	<b>Examples of single-case research from sport and exercise psychology, reporting the research for publication and employer feedback</b>
<b>3.40-3.50</b>	<b>Task-Reflection upon how this workshop will inform my applied practice?</b>
3.50-4.00	Workshop evaluation and certificate distribution
4.00	Thanks and depart

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Please return your plastic badge holder for re-cycling. Thank you

