

A New Exercise Professional Qualification has arrived.
BASES Certified Exercise Practitioner

Raising the bar for professional quality assurance in those wishing to use Sport and Exercise Science Degrees to establish credibility

In order to become a BASES Certified Exercise Practitioner the individual must fulfil the following four criteria:

- 1 BASES membership (professional, student or graduate)
- 2 Bachelors and/or post graduate study in Sport/Exercise Science that is either; BASES endorsed (BUES) or
Includes a suite of studies in physiology, psychology and movement analysis that meet BUES criteria.
- 3 Demonstrate practical vocational knowledge and skills by holding an advanced exercise instructors' qualification (one of the following):
 - REPs Level 4
 - Courses recognised for REPs level 4 (see REPs website)
 - ACSM Exercise Specialist or above
- 4 Attend any certified 'Working with children and vulnerable people' workshop

To maintain certification this must be renewed every three years with a minimum of 36 CPD hours gained through attending, for example, BASES Workshops, BASES Conference or REPs recognised courses. Further information available on the BASES website www.bases.org.uk/Certified-Exercise-Practitioner



www.bases.org.uk

The British Association of
Sport and Exercise Sciences